



## ***Pembroke Swimming Lessons***

Pembroke Recreation Spring Swimming Lessons will be offered through Swim NH LLC. Swim NH is a licensed provider of American Red Cross programs and runs swim lessons year round in Loudon NH and at Southern New Hampshire University in Manchester. Infants as young as 6 months old through adults may attend. Course descriptions and the class schedules are posted online at [nhswimschool.com](http://nhswimschool.com)

You can register your child directly online at [www.nhswimschool.com](http://www.nhswimschool.com) or you can call Karen Jenovese at 603-724-7484.

Cost is **\$40** per month for Loudon lessons or **\$50** per month for Manchester lessons.